



HEALTH & WELLBEING BOARD

Subject Heading:

BHR Mental Health Transformation Programme

Board Lead:

Dr A Aggarwal

Report Author and contact details:

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The subject matter of this report deals with the following themes of the Health and Wellbeing Strategy

- ☐ Theme 1: Primary prevention to promote and protect the health of the community and reduce health inequalities
- ☐ Theme 2: Working together to identify those at risk and intervene early to improve outcomes and reduce demand on more expensive services later on
- ☐ Theme 3: Provide the right health and social care/advice in the right place at the right time
- ☐ Theme 4: Quality of services and user experience

SUMMARY

This paper presents an update on the BHR Mental Health Transformation programme which was established in October 2018.

Mental health transformation is a national priority with the overarching strategy and trajectories for improvement set out on the NHS Forward View and more recently the NHS Long Term Plan (January 2019). Key deliverables are embedded in NHS Operating Plan requirements. There is a London wide Transformation Programme Board and a NEL STP programme in place to co-ordinate change across London and North East London.

The direction of travel for the NHS is for localised / population level approaches to transformation and delivery. Local areas are expected to have 1-year 'transitional' operational plan in place for 2019/20 by April 2019, based on the 2019/20 Planning Guidance and a National Implementation Framework will be published in Spring 2019 to



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support local areas to develop a comprehensive 5-year plan coming into effect in Autumn 2019.

The 2019/20 operational plan focuses on the Five Year Forward View deliverables which include IAPT, dementia diagnosis, children and young people's mental health, early intervention in psychosis, reducing our of area placements, increasing the proportion of physical healthchecks in people with severe mental illness.

A BHR stakeholder workshop held on 28 February 2019 considered how we use can better use data to inform planning and measure improvement against outcomes. There was also discussion on local priority areas that would make a difference to local service users and staff with recognition to the wider determinants of health that impact on mental health and wellbeing.

RECOMMENDATIONS

The Board is asked to:

- comment on the plan on a page and direction of travel
- discuss the proposed approach to prevention